
LA SERESIENNE CUP INTERNATIONAL

INFORMATIONS & RULES



We're delighted to welcome you to the Serésienne Cup International.

The Cup is an international competition open to all levels.

It is a KUMITE competition, with a **ROBIN pool system**, where the WKF rules will be applied by European and Belgian referees.

Your passion, determination and sporting spirit will enrich this event. We wish you all a memorable and successful experience. We look forward to your participation and hope to see many of you there.

EVENT

Rue des Roselières 152 , 4101 Seraing (Jemeppe-Sur-Meuse)
Saturday 26 October 2024.

CONTACT

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Registration

Entries close on 16 October 2024.

Bring proof of payment on the day of the competition.

NO PAYMENT WILL BE MADE ON SITE.

Coaches

REGISTRATION FEES: FREE

2 coaches per 5 athletes, 3 coaches per 10 athletes.

Coaches must register via Sportdata, be over 16 years of age and wear a karate-gi or training.

Competitors

REGISTRATION FEES: €30 per person/category.

1 athlete = 1 entry. No upgrades will be accepted.

If an athlete is entered in 2 categories, both entries will be withdrawn.

No change of category will be made after the registration deadline.

Registration is valid only after payment. Fees must be transferred to our bank account before 15 October 2024.

Bank account: BE83 0018 5283 7315, BIC: GEBABEBB

Communication: SERESIENNE CUP and the name of your dojo and the number of categories + the number of coaches.

Attendance

The competition will start at 08:30 sharp. Athlete checks, identity card and weighing, will start at 07:30.

Athletes must be in the warm-up area at least 60 minutes before the start of their category with their accreditation card.

Competitors will be disqualified after three calls.

Only competing athletes and coaches will be allowed in the warm-up and competition area.

Categories

Female		Male	
U8	- 30 kg	U8	- 30 kg
U8	+ 30 kg	U8	+ 30 kg
U10	- 35 kg	U10	- 35 kg
U10	+ 35 kg	U10	+ 35 kg
U12	- 30 kg	U12	- 32 kg
U12	- 36 kg	U12	- 38 kg
U12	+ 36 kg	U12	+ 38 kg
U14	- 35 kg	U14	- 38 kg
U14	- 42 kg	U14	- 44 kg
U14	- 47 kg	U14	- 50 kg
U14	+ 47 kg	U14	+ 50 kg
U16	- 47 kg	U16	- 52 kg
U16	- 54 kg	U16	- 57 kg
U16	- 61 kg	U16	- 63 kg
U16	+ 61 kg	U16	- 70 kg
U16		U16	+ 70 kg
U18	- 48 kg	U18	- 55 kg
U18	- 53 kg	U18	- 61 kg
U18	- 59 kg	U18	- 68 kg
U18	- 66 kg	U18	- 76 kg
U18	+ 66 kg	U18	+ 76 kg
Seniors	- 50 kg	Seniors	- 60 kg
Seniors	- 55 kg	Seniors	- 67 kg
Seniors	- 61 kg	Seniors	- 75 kg
Seniors	- 68 kg	Seniors	- 84 kg
Seniors	+ 68 kg	Seniors	+ 84 kg

NB: Two neighbouring categories may be merged if the number of athletes in one category does not exceed 4.

Mandatory clothing: Karate-gi and red and blue belts

Protections

The following protections are mandatory (WKF rules apply):

- Mouthguards
- Red and blue fist protectors
- Red and blue shin and foot protectors
- Body protector for all competitors and additional chest protector for female athletes
- Shells
- Helmet supplied from U08 to U10 inclusive.

Kumite

Duration

1 minute 30 (90 S)	U8 to U12
2 minutes (120 S)	U14 U16 U18
3 minutes (180)	Seniors

Pools

Pools will be divided by four competitors.

If there are 7 competitors, a pool of 4 and a pool of 3 will be organised. The first and second-placed competitors will take part in the semi-finals. The two winners of the semi-finals will both finish 3rd.

Nb of competitors	Pools
9 competitors	2 pools (4-5)
10 competitors	2 pools of 5
11 competitors	3 pools (4-4-3) : The top finishers in each group form a new group of 3. The ranking of this last group = podium.
12 competitors	3 pools of 4. Next, see above
13 competitors	3 pools (4-4-5). Next, see above
14 competitors	3 pools (4-5-5). Next, see above
15 competitors	3 pools (5-5-5)
16 competitors	4 pools (4-4-4-4). Next: the winners meet in the semi-finals and then the final. The losers of the semi-finals are placed third...
17 competitors	4 pools (4-4-4-5)
18 competitors	4 pools (4-4-5-5)
19 competitors	4 pools (4-5-5-5)
20 competitors	4 pools (5-5-5-5)
> 20 competitors	Réorganisation by group

Body Contact

Interdit	Skin touch	Touch
Face	Body	
U8	U8	
U10	U10	
U12	U12	
U14	U14	
U16	U16	
U18	U18	
Seniors	Seniors	Seniors